DATE UPDATED :	Jun-25													

ALLERGEN MATRIX ALL FOOD MENU ITEMS

NAME OF DISH	Peanuts	Tree nuts	Molluscs * (oyster , squid , mussles)	Sesame seeds oil	Crustacea* (prawn ,shrimp , lobster)	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphites*(jams, canned veg , pickled food , dried fruit etc)	Lupin	Gluten
MAY CONTAIN = MC														
STARTERS														
Soup of the day		*Please ask on the day*												X
Ciabatta Roll														X
Chilli Beef nachos									X					X
Vegan Chilli nachos								X						X
Simply nachos														X
Cheesy Nachos									X					X
Homemade Tortillas														X
Hummus				X										
Mango Salsa									X					
Sour Cream														
Guacamole														
Salsa														
Vegan Lime Mayo														
Chilli Pesto														
Salsa Verde														
Parranda Chilli sauce														
Tofu								X						
Elote														

Papas a la Diablo														
Vegan Wings								X						
Pulled Beef mini Quesadilla									X					X
Chicken Fajita mini Quesadilla									X					X
Shitake mini Quesadilla								X				X		X
Chilli Beef Pimienta														
Vegan Chilli Pimienta								X						
Cajun Cauliflower														
Cajun Chicken wings														
Chipotle Chicken wings														
Jalapeno Poppers									X					X
Sizzling Chicken Fajita									X					X
Sizzling Shitake Fajita								X				X		X
Sizzling Steak Fajita									X					X
Sizzling Parranda Fajita								X	X			X		X
Enchiladas Vegan Chilli								X						X
Enchiladas Chicken & Pepper									X					X
Enchiladas Chilli Beef									X					X
Enchiladas Chipotle King Prawn					X				X					X
Tacos Vegan Chilli								X						
Tacos Pulled Beef														
Tacos King Prawn					X									
Spicy Bean Burger														X
Cajun Chicken Burger														X
Chipotle Lamb Burger														X
Smashed Chilli Beef Burger														X
Rice Bowl Cajun Cauliflower														
Rice Bowl Fajita Chicken														

Rice Bowl Pulled Beef									X					
Rice Bowl King Prawn					X									
Salad Mex Everyday														
Salad Manngo & Avo														
Salad Cajun Chicken														
Salad King Prawn					X									
Refried Bean														
Mexican Chilli Slaw														
Spicy Rice														
Padron Peppers														
Chunky Chips														
Sweet Potato Fries														X
Burritos Fajita Chicken														
Burritos Shitake Mushroom								X				X		X
Tortas Chicken Fajita														X
Tortas Cajun Steak														X
Tortas Shitake Mushroom								X				X		
Churros									X					
Chocolate Fondant	MC	MC					X	X	X					
Vegan Key Lime Pie	MC											X		
Margarita Mousse							X		X			X		X
La Parranda Café Crème								X	X					
Nata														
Dulce de Leche ice cream														
Very Vanilla ice cream														
Strawberry Ice Cream														
Truly Chocolate Ice Cream														
Sicilian Lemon ice ceam														

Salted Caramel ice cream									X					
Brandy ice cream														
Blood Orange ice cream														
Mango Sorbet														
Lemon Sorbet														
KIDS ALLERGEN														
Kids Margarita Pizza									X					X
Kids Cheeseburger									X					X
Kids Fruit Rocket	MC						MC		MC					
Kids Milk lollies all flavours	MC						X		X					